

LACKING MOISTURE

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*“And some fell upon a rock, and as soon as it was sprung up, it withered away because it lacked moisture.”
Luke 8:6.*

IN this parable of the sower, there is great discrimination of character, not only between those who bring forth fruit, and those who bring forth none, but also between those who bring forth fruit in different degrees—not only between the fruitful, and the fruitless—but also between various forms of fruitlessness. The reasons are given, not in bulk, but in detail—why this failed, and that failed, and the other failed. All this points to discrimination in hearing. When there is discrimination in the preacher, as there should always be, there should be an equal discrimination in the hearer, and each one should try to take to himself that special part of the Word which is intended for him.

The true preacher, especially our great Lord and Master, resembles a portrait painted by a real artist which always looks at you, no matter where you are in the room—to the right, or to the left of it, its eyes seem to be fixed upon you. So does our Lord, whenever He preaches, look at us. May He look at us in that way just now, and may we catch His eyes as He gazes upon us—and may the preacher also seem to be looking straight at you, because you are on the watch for that particular part of the truth which especially concerns you! If there is anything hopeful and cheering in the sermon, may it come to you who are mourning and doubtful! If there is anything awakening, may it come to those of you who happen to be tinged with self-confidence!

Coming to our text, I think it suggests to us three observations. First, *let us note well that there is a reception of the Word of God which fails to be effectual.* Secondly, we shall *inquire why it fails in these cases.* And, thirdly, *we shall consider how this failure is to be avoided.*

I. First, THERE IS A SOWING THAT COMES TO NOTHING. There is even a reception of the seed into the soil which disappoints the sower.

This failure was not because the seed was bad. It was the same seed which, in the good soil, produced thirty, sixty, or a hundredfold. You know that, sometimes, when we do not succeed in impressing our hearers, we condemn ourselves, perhaps very justly. If men are not saved, the preacher must not put the blame upon divine sovereignty—he must blame himself. He must also ask himself, “Have I really preached the truth? Have I preached it in a right spirit? Have I preached different truths in due proportion? Have I given the most weight to that which is of primary importance, and have I put that which is secondary in its proper position?” We poor sowers often chastise ourselves for our failures, or, if we do not, we ought to do so—otherwise we shall never improve! God help us to preach better, to love men’s souls more, and to be more earnest in seeking to bring them to Christ! I mean this wish for myself, and for all of you who love the Lord.

But there was no fault to be found with the seed that fell on the rock, although it did not result in a harvest. The seed was good, thoroughly good. The sower got it from his Master, and his Master’s granary contains no seed which will not grow. True preachers can say with the apostle Peter, “We have not followed cunningly devised fables.” We have preached to you the Word of God, so that whenever we put our head upon our pillow, we can truly say that we have not preached what we thought, or what we imagined, but we have declared what we believe to be revealed in this blessed Book of God. That is the good seed that we sow, and if it does not grow in you, it is not the fault of the seed, it is your own fault. There is something about you that hinders it. Will you think of that, dear hearer, if you are unconverted?

But, in the next place, *the failure was not from lack of receptiveness*. Those hearers who are like the seed sown on the rock, do receive the seed. We are expressly told that by our Lord, Himself—“They on the rock are they, which, when they hear, receive the Word with joy.” We have hearers who take in all we say, perhaps too readily. They hear indiscriminately. There are some hearers who are like a sponge—they suck up all—good, bad, and indifferent. If they hear of a clever, oratorical preacher, they speedily run after him. What he preaches, or whether he preaches with the Holy Spirit sent down from heaven, is not a matter about which they inquire. They have not much depth of earth, but what little earth there is takes in the seed. There is not enough depth of earth for the seed to really bear fruit, yet they do, in some sort of fashion, receive it. I am not going to pile up indiscriminate censure upon this receptiveness. It is a briar upon which a rose may grow, but, still, it is a briar until it is properly grafted. Receptiveness may easily be carried too far, and men may even ruin themselves by being too ready to receive what they hear—not by being too ready to rightly receive the real Word of Truth, but by receiving it in the wrong fashion. Do they disbelieve what you say? No, they are not earnest enough to do that! Do they doubt what you preach? No, they have not gone as far aside as that. Do they argue against the gospel? Oh, no—they have not fallen into that form of depravity! They take in what they hear. They do not do much with it. There is not grace enough in their heart, after they have nominally received the Word, to cause it to grow. There is a lack somewhere—not a lack of receptiveness, but a lack in another direction.

The failure, also, *was not caused through lack of heat*. There was a hard rock with a little soil upon it, just enough to take in the seed. That rock needed to be broken up, ground to powder, and made into good soil, but as it was not broken up, when the sun shone, the rock refracted, and reflected all the heat, and gave great warmth to the soil in which the seed was lying—so that it grew very fast, for it was in a kind of hothouse. We have many hearers who, if enthusiasm could save them, would have been saved long ago. On Sundays they are very soon warmed up, and there is so little of them that the heat of the sun soon penetrates to their rocky nature. The heat is refracted, and straightway they are all in a blaze. I know them, they are very nice people to preach to. How excited they grow! They are ready enough to shout, “Hallelujah!” They speedily receive the Word, but there is no depth about them, so they do not retain it. They will do anything that we want them to do. They are not only enthusiastic, but they soon grow fanatical. I am not blaming them for this. If there were something else to go with it, it would be a good thing. The gardener or florist likes a good bottom heat to make his plants grow rapidly, but if it is all heat—if it is a dry heat, and nothing else, very soon they are scorched to death. The little moisture that was in them at first, makes them grow rapidly, but when that is exhausted, they are soon withered. I do not deny that it is quite a pleasure to meet with a warm-hearted man. We have plenty of people about who are either cold or only lukewarm. If they give you their hand, you feel as if you had laid hold of a fish, it is so cold. We like to meet with hearers who respond to our appeals with kindly friendliness, and who, when the Word is brought before them, display a warmth of feeling towards it. These are very hopeful people. I cannot say more about them. Their name is Hopeful, but they do not always grow into Faithful. They give us great encouragement, but, alas, they often cause us great discouragement.

Then, again, this failure *was not caused through lack of joy*, for we are told by our Savior that they received the Word with joy. Oh, they are so happy! They feel that they are saved, and they are full of joy! And the main reason why they believe that they are saved is that they are so happy. Well, there is something in being joyful. I do not like to see people who seem to have a religion that disagrees with them. True religion does, indeed, make us glad. But then, my dear friends, if your only evidence of the possession of grace is that you are so happy, you may be unhappy tomorrow—and what will be your state then? Our human nature is so constructed, and our body has so much influence upon our mind and soul, that we can soon become very low in spirit, and scarcely know why we are in such a condition! That joy is part of the fruit of the Spirit, I cheerfully acknowledge, but there are many joys that are *not* fruits of the Spirit at all, for they are earth-born, and carnal. And there is often a so-called religious joy which is the fruit of carnal excitement, and supposed conversion—not the result of a real saving knowledge of God.

Perhaps if these people had received the Word with sorrow—if they had received it with a broken heart, and a contrite spirit—if they had received it tremblingly, in the very depth of their souls. If they had gone home to cry to God in secret prayer instead of rejoicing in open exultation, there might have been evidences in them of a deeper, surer, truer, and more abiding work. These people had joy, and

plenty of it. I am not saying anything against their joy—it was not the point in which they failed. They failed somewhere else, as I shall try to show you presently.

And, once more, they did not fail *from lack of eagerness and speed in receiving the truth*. They received it at once, and the seed sprang up at once. Just because they had no depth of earth, it sprang up all the faster. The seed that fell upon the shallow soil covering the rock grew quickly—it sprang up because of the very absence of the element that was necessary to bring it to perfection! I believe in instantaneous conversion. I believe that the new birth must be instantaneous, that there is a moment in which a man is dead, and another moment in which he is alive, and that, just as there is a certain instant in which a child is born, so there is an instant in which we become the children of God by faith in Jesus Christ. But there is also a supposed conversion which is undone as quickly as it is done! There are to be found, in some churches, men who have grown wonderfully fast. They were drunks a fortnight ago, and they are taking the lead among experienced Christians today! Well, it may rightly be so. God acts according to His own sovereign will, and He can work such wonders of grace and miracles of mercy. But it may turn out that a thing that grows very fast does so because it will not stand fast, and will not last long. We have to deal with so many who are always procrastinating, and putting off, and, therefore, it seems a good fault when men are hasty about these things—it is a blessed fault, if a fault at all! Yet it did so happen that while these people were excellent in that direction, they failed in another, and failed in a fatal way, of which I have now to speak.

II. That brings me to INQUIRE WHY THESE PEOPLE MADE SUCH A SAD FAILURE?

The seed that fell on the trodden path, while they were lost to the farmer, did feed the birds, at any rate. But these on the rock did not. They quickly sprang up, and were soon withered, and good for nothing. They promised much, but it came to nothing at all. And, in this way, some of those who appear to be the most hopeful, may cause us most grief by being our greatest disappointments.

Now why was this? Luke tells us, and no other Evangelist tells us, that it was because they “lacked moisture.”

Does not this mean, first of all, that *they lacked the influences of the Divine Spirit*? When we speak of spiritual dew, we refer to the operation of the Holy Spirit. When we talk of the river of the water of life, we mean those sacred things which come streaming down to us from the throne of God through the working of the Spirit of God. These people lacked that moisture. They were converted, so far as they were converted at all, through the eloquence of the preacher—and a man who is converted by eloquence, can be unconverted by eloquence! Or they were converted by the zeal and earnestness of Christian people. But if you were converted by one man, another man can unconvert you! All that is of man is sure to be unraveled as all the spinning, and the weaving of earthly machinery can be pulled to pieces. But the work of God’s grace endures forever. Have you, my dear hearer, felt the power of the Holy Spirit first withering you up? “The grass withers, the flower fades because the Spirit of the Lord blows upon it.” Has He ever dried up, in you, all that was of yourself, and turned the verdant meadow into a barren wilderness? It must be so with you at first—there is no sure work which does not begin with emptying and pulling down. Was the Spirit of God ever so worked in you as a spirit of bondage, shutting you up in prison under the law, fixing your hands in handcuffs, and your feet in fetters, putting you in the stocks, and leaving you there? If you have never known anything about that experience, I am afraid you have, up to now, “lacked moisture.”

Then, when the Spirit of God comes to a soul that is thus broken down, He reveals Christ as a Savior for that sinner, a full Savior for the empty sinner! And oh, how sweetly does the soul rejoice as it perceives the suitability, fullness, and freeness of Christ—and looks to Jesus, and trusts Him! Have you ever felt that sacred moisture which softens the heart so that it sweetly yields to Christ, that moisture which refreshes the heart, and makes it bloom again with a holy hopefulness and delight in Christ? O my dear hearers, what we say about the Holy Spirit is no mere talk—it is a matter of fact! “You must be born-again,” born from above! You must be partakers of the Spirit of God, or else all your religion, however beautiful it may appear to be, will wither when the sun has risen with burning heat.

Now, my brothers and sisters in Christ, you find that everything goes ill with you when you lack moisture. One of our brothers sometimes says to me, after a service, “Oh, sir, there will be good done today, for there was dew about!” I know what he means, and hope you also do. You have a little flower at home which you keep in the window, a geranium, or perhaps a fuchsia. You set great store by it be-

cause of its associations. But perhaps you have been out for a week, and when you come back, it looks so drooping that it seems as if it must die—and you soon discovered the reason why. It was quite dry—“it lacked moisture.” You gave it some water, and it soon began to revive. These plants are kept alive by moisture. But when they lack moisture, the more the sun shines upon them, or the warmer the room is, the worse it is for them. They need moisture, and so do we, poor plants that we are. We need the Holy Spirit, and if the Lord does not water us daily from the living springs on the hilltops of glory, we shall certainly die! So take heed, brothers and sisters, that you do not lack the moisture of the Holy Spirit’s gracious influence.

Why did these people lack it? *There was moisture in the air.* It is evident that the other seed which brought forth thirty, sixty, or a hundred-fold, had moisture. Yet this, which was in the same air as the other, “lacked moisture.” There were morning dews, and there were mists and rains, yet these seeds on the rock “lacked moisture.” The reason was that there was a lack of power to retain the moisture in the soil. When it came down, it ran off again, or speedily evaporated because there was a rock, and only a very little earth on the top of it to hold the moisture, and all that came there soon disappeared. There are many persons who seem to be like this rocky soil—they have no receptiveness for the Divine Spirit—they seem to manage to do without Him.

Now let me warn you of *certain things that indicate a lack of moisture.* The first is doctrine without feeling. You believe the Bible doctrine concerning Christ. I am glad that you do, but dry doctrine, without the bedewing influence of the Spirit of God, is just a granite rock out of which you will get nothing whatever! You say that you believe the doctrine of human depravity, but have you ever really felt it, and mourned over it? You say that you believe the doctrine of redemption, but have you ever proved the power of the precious blood of Jesus? Have you ever been melted at the sight of the cross? You say that you believe the doctrine of effectual calling, but have you been effectually called by grace? You say that you believe the doctrine of regeneration, but have you been born-again? If not, you lack moisture. I have known some brothers and sisters who have been so “sound” that they have been nothing but sound. “Sixteen ounces to the pound,” they said they were. I thought that they were 17 ounces to the pound, and that the last bad ounce spoilt the other sixteen! You may be wonderfully orthodox, and yet be lost! That hard pan of rock must be broken up, and ground to powder, that the moisture may get to the seed. Of what use is doctrine without feeling?

It is equally worthless where there is experience without humiliation. I mean that some talk about having felt this, and having felt that—and they boast of it. Some of them have even thought that they have become perfect—and they glory in it. Well, they lack moisture! As soon as you get side by side with them, you feel a need of something, you do not quite know what it is. It is dry experience. Perhaps it is boiling hot, but it is very dry. There is no bowing before the Lord in a humble confession of unworthiness. There is no understanding of what it is to feel the sentence of death in ourselves, that we should loathe ourselves, as condemned criminals ought to do. I pray the Lord to save us from an experience, however perfect it seems, which is not moist, which has not a living tenderness worked into it by the power of the Spirit of God. Avoid, then, experience without humiliation.

Also shun practice without heart-love. I have known some brothers and sisters who have been most exact and precise in all their conduct. I have thought that they scarcely ever sinned, and I have not wondered that they did not, because there did not seem to be enough juice in them to sin. They did not appear to have any human nature in them. They were just like dry pieces of leather—never excited, never getting into a bad temper—they have not seemed to have any temper, either bad or good. They never say a word too hastily. They always measure things out very exactly, yet a lack of love is a fatal lack. I knew one whom I greatly esteemed as a minister of the Word for many years. I esteemed him for his regularity of conduct. I believe that he got up to the tick of the clock, that he had family prayer to the tick of the clock, and that he did everything in the same methodical manner. I remarked to him once, “There are many people, round about your chapel, who are living in the depths of sin. Do you ever get any of them into your place of worship?” “No,” he replied, “I do not want to get them in.” I asked, “Why?” “Well,” he answered, “they are mostly harlots and thieves. What could I do with such people?” Then I saw that it was possible to be regular, precise, and good up to a certain point, and yet to have no moisture. And as the moisture was not there, of course no thief or harlot would go to hear him—he was too dry for them!

It is an awful thing to have a Pharisaic practice—perfect when looked at by the casual eye, yet without the life and light of love—and, therefore, lacking moisture.

Beware, dear friends, of a belief that never had any repentance connected with it, for that is another way in which the lack of moisture is manifested. There are some people who are willing to believe a great deal, but you never hear of them groaning because of sin, or confessing it with a broken heart in true humility before God. To trust in repentance without faith would be ruinous to the soul—but to have a kind of faith without repentance, would also be ruinous. If faith never has tears in its eyes, it is a dead faith. He who has never wept because of his sin, has never really had his sin washed away. If your heart has never been broken on account of sin, I will not believe that it was ever broken *from* sin. And if your heart is not broken from your sin, you are still at a distance from your God, and you will never see His face with acceptance.

Beware, also, of a confidence that is never associated with self-diffidence. Yes, my dear sir, speak as boldly as you will, be as brave as you may for your Master, but, at the same time, be very lowly in spirit. Let your own weakness be seen, as well as your Master's strength. While you glory in Christ's merits, confess your own sinfulness, and admit that in yourself, you are nothing. We can never have too much confidence in God, but, unless it is associated with deep self-distrust, it will lack moisture, and it will never produce any real harvest unto God.

Beware, also, of action without spirituality. We have many people of that kind. They are very active in serving God in one way and another. Would that all were—if it were in a right spirit! They are busy from morning to night, but there is no prayer, and no dependence upon God mingled with their efforts—that will not do! That is all wasted activity. However busy we may be, we shall effect nothing unless we receive from the Holy Spirit all the power with which we work, and are dependent upon Him for the success of every word we say. Beware of having so much to do that you really do nothing at all because you do not wait upon God for the power to do it right!

Then there is another dry thing, namely, zeal without communion with God. Zeal for extending the kingdom of Christ, zeal for spreading the denomination, zeal for the advance of a particular sect, zeal that is intolerant, probably, but all the while no careful walking according to God's Word, no observing what God would have us to be zealous about, no humbling of ourselves in the presence of the great Lord of all, and no bathing of ourselves in the river of the water of life by fellowship with God.

Thus I might keep on showing you various ways in which people may have a great deal that is very good, yet it will all come to nothing because they lack moisture. But *the seed cannot assimilate the dry earth until it is mixed with water, and held in solution*, and spiritual life can only be fed by truth held in solution by the Holy Spirit. When He softens and prepares us, then our roots and rootlets take up the true nutriment and we grow.

In the case of the seed upon the rocky ground, there was, also, *a deficiency of sensitive vitality*. The seed grew for a time, and then became dry—and are there not multitudes of people, in our churches now, who are just like that? They are as dry as old hay; they have withered away. We cannot turn them out, but, oh, that we could turn life into them! Oh, that the water of life might flow all about them, so that they might live and bring forth fruit unto God!

I have said enough, if God shall bless it, to set many people searching their hearts to see whether this sacred moisture is there.

III. Now, to close, we are to CONSIDER HOW THE EVIL IS TO BE AVOIDED.

Well, first, let us one and all *cry to God to break up the rock*. Rock, rock, rock, will you never break? We may scatter the seed upon you, but nothing will come of it till that rock is broken. The great steam-plow needs to be driven right through men's hearts till they are torn in sunder, and the old rock of nature is ground to powder, made soft, and turned into good soil. Dear friend, do pray to God to make sure work of you. As far as you are concerned, the one thing you have to do is to believe in Christ Jesus, that you may be saved. But a part of the process of your salvation is the taking out of you the heart of stone, and the giving to you of a heart of flesh. There is no true growing unless this takes place.

The next thing is, *look well to spirituality*. This moisture was a very subtle thing. Men might easily overlook that dampness in the atmosphere and in the soil which was all-essential. Who can tell you what unction is? Yet a sermon without unction is a poor, worthless thing. There is a certain secret something which distinguishes a true Christian from a worldling or a mere professor—see that you have it. Do not

be content with the Creed, baptism, the Lord's Supper, or anything else that is visible, but say, "Lord, give me the moisture that I need. Give me that secret something without which I shall be lacking the very thing which I most need." You cannot see your soul. You cannot fully tell what it is. Yet you know that it is a something that keeps your body alive, and when that something is gone, the body becomes dead—so is all religion dead until it receives the life which comes from the moisture that so many lack.

That leads me further to say, *look to the Holy Spirit*. Be very tender towards the Holy Spirit. We preach Christ to you, as we are commanded to do, but we do not want you ever to forget the blessed Spirit, without whom nothing saving can ever be worked in you! You cannot make yourself to be born-again. Even the faith that saves is the work of the Spirit of God, if it is the faith of God's elect. Be zealous and tender, therefore, and walk carefully in reference to the Spirit of God lest you grieve Him.

Then I would say, next, *try to avoid all dry heat*. Do not work yourself up into a frenzy, and think that there is anything saving in it. The heat of excitement may be necessary, just as dust flies from the wheels of a chariot when it moves swiftly, but, as the dust does not help the chariot, but is a nuisance to those who are riding in it, so is it with excitement! It does not help the true movement, and it is a nuisance to those who are living near to God.

Lastly, *be constantly looking for that divine mystery of secret vitality which is called in the text, "moisture."* I commend to you this prayer, "Lord, give me this blessed moisture. Saturate me through and through with the heavenly dew, the divine rain, that I may grow, and bring forth fruit to the glory of Your holy name." God bless you, for Jesus' sake! Amen.

EXPOSITION BY C. H. SPURGEON: PSALM 42.

We often read this Psalm because we are very often in the same state that the psalmist was in when he wrote it—and the language seems to suit us at many periods of our life.

Verse 1. *As the hart pants after the water brooks, so pants my soul after You, O God.*

It is the "hart" that pants and, in the Hebrew, the word is in the feminine. The old naturalists say that the female has greater thirst than the male, and that it shows it more, having more feebleness of body, and less power of endurance. The hart is said to be, naturally, a thirsty creature, and when it has been long hunted, its thirst seems to be insatiable. The psalmist does not say, "*Your* soul hungers," but, "*My* soul thirsts." As man can bear hunger much longer than he can bear thirst, he may continue without food for days, but not without drink. So the psalmist mentions the thirstiest creature, and the most ardent of the natural passions—"As the hart pants after the water brooks." He does not merely say, "after the brooks," but, "after the water brooks." Why is this? I think it is because there are many brooks that are dry at certain seasons, and the hart longs for those that have water in them. So the Christian thirsts, not only for the means of grace—they are the brooks—but he longs for God in the means. When grace is in the means of grace, then they are water brooks, indeed! "So pants my soul after You, O God." He does not say, "So I pant after my former grandeur," or, "so pant I for my friend," but, "so pants my heart after You." His soul had only one longing, one thirst—and every power and every passion had united itself to that one desire—"so pants my soul after You, O God."

2. *My soul thirsts for God.*

It was a soul thirst, not a throat thirst—the thirst had got as far down as the soul, till the inner spirit was as dry as a man's throat after a long journey through the desert. "My soul thirsts for God,"

2. *For the living God.*

David had thirsted, you remember, for water from the well of Bethlehem that is within the gate, and he said, "Oh that one would give me drink of the water of the well of Bethlehem which is by the gate!" But that was not living water—he had drunk of it before, yet he thirsted again. But now his soul thirsted for God, for the living God. Nothing but the cool refreshing living water of the living God can ever effectually quench human thirst!

2. *When shall I come and appear before God?*

He valued the assembly of God's people because he believed that there, in a special manner, he was "before God." What a rebuke this is to those who despise public worship! We know some who say, "Well, we can read a good sermon at home, we can study the Scriptures there." David was a great lover

of God's Word, and read it both day and night, yet even he could not dispense with the outward means of grace—the public assembly of the saints. “When shall I come and appear before God?” Brothers and sisters, let us look upon our gatherings for worship as an appearance before God! You do not merely come to listen to the Lord's minister, or to join in the sacred song of the congregation, but you come to “appear before God,” that you may show yourself to Him as His servants, and that He may reveal Himself to you as your Lord. When you and I have been tossing upon the bed of languishing, or have been detained upon the sea, or have journeyed abroad, then we have learned to prize the means of grace more than ever!

3. *My tears have been my food day and night, while they continually say unto me, Where is your God?*

The psalmist had sorrow within and persecution without, and a Christian sometimes has to eat salty food. “My tears have been my food.” He finds but very little sweetness or solace in such food as this, yet, after all, there is much in a Christian's tears. It is a comfort to be able to shed tears of repentance, and tears of longing after God. There are some believers who still have tears for their food, yet they can say, “Thank God we are not dead—if we can weep, we are not utterly left of God. If we can sigh after Him, and so, though our tears are salt, they are nourishing to the spirit.” “My tears have been my food day and night, while they continually say unto me, “Where is your God?” This is what our enemies always say to us when we are in trouble. This is what Queen Mary said when the Covenanters were obliged to flee to the Highlands. “Where now is John Knox's God?” But when her French soldiers were afterwards put to the rout by the brave Scots, she found out where God was! This was the taunt at the St. Bartholomew massacre in France. As they murdered the Protestants, the Papists cried, “Where is your God?” What a mercy it is that they say this, for nothing brings God so soon to His people as the taunts of their enemies. If any man supposes that God has forgotten His people, and, therefore, insults them thus, God will come to them post-haste to rectify the mistake. “Where is your God?” He is coming to you, O Christian! He is near you now!

4. *When I remember these things, I pour out my soul in me: for I had gone with the multitude, I went with them to the house of God, with the voice of joy and praise, with a multitude that kept holy day.*

You see, brothers and sisters, the more a man enjoys the means of grace at one time, the more he grieves when he loses them. “I had gone with the multitude.” There is something very inspiring in worshipping God in a crowd. The joy is infectious, there is a holy contagion in it. As the sacred song floats upward from many joyous voices, we seem borne up upon its billows of praise. I like that word “holy day” even though it is rather like holiday, for our holy days should be our true holidays. There should be no rest to the Christian like the holiness of the Sabbath—the holiness should be the very joy of it. Keep it a holy day, and then it will be a holiday! Try to make it a holiday, and then it will be neither a holiday nor a holy day. At the remembrance of these past joys, the psalmist's soul was poured out like water, his heart was as water spilt upon the ground. See, brothers and sisters, how low a good man may come, and yet be safe—how near the rocks God's ships may go and yet not be wrecked.

5. *Why are you cast down, O my soul? And why are you disquieted in me? Hope you in God: for I shall yet praise Him for the help of His countenance.*

As one well remarks, Christian men have a deal of indoor work to do. They have not only to question others, but they have to question themselves. “Why are you cast down, O my soul?” Be very jealous, dear friends, of doubts, and fears, and despondency. Some of us are sometimes the subjects of these emotions, and this is sad, but when we try to pamper them, this is inexcusable. Endeavour to live above this disquietude—you cannot praise God, you cannot serve your fellow men, you cannot do anything well when your soul is in a disquieted state. Hope in God is the best cure for this despondency. “Hope you in God.” When you have no hope in yourself, nor in your graces, nor in your experience, “hope you in God.” He is loving, faithful, and powerful and true, so, “hope you in God.” “For I shall yet praise Him for the help of His countenance.” “My countenance is wrinkled and covered with sores through my sickness, but He is the help of my countenance, and I shall yet praise Him.”

6. *O my God, my soul is cast down within me: therefore will I remember You from the land of Jordan, and of the Hermonites, from the hill Mizar.*

Oh, what a mercy it is to be able to look back upon our past experiences of God's mercy! How delightful it is to remember what the Lord was to us in days gone by, for He is the same God still. When

you are like Paul in the great storm, when neither sun, nor moon, nor stars for many days appeared, it is very pleasant to remember that the sun, moon, and stars did shine in the past, and that they will shine forth again.

7. *Deep calls unto deep at the noise of Your waterspouts: all Your waves and Your billows are gone over me.*

When there is a great rain at sea, there is a peculiar kind of noise, as if the deep above were talking to the deep below. “Deep calls unto deep and, sometimes, the two deeps clasp hands, and then there is what we call a waterspout. The psalmist uses this as a picture of his sorrows, and it is very remarkable that sorrows seldom come alone. When the rain comes down on land, it calls to the little brooks, and they say, “Here we are,” and they go leaping down the hillside, and speak to the rivulets, and they say, “Here we are,” and the rivulets speak to the rivers, and they say, “Here we are,” and they speak to the gulfs, and the gulfs to the broad sea till, “deep calls unto deep.” So, little sorrows, great sorrows, overwhelming sorrows come to the Christian, and they all seem to come at once! No, not only do they come to us, but they go over us till we cry, “All Your waves and Your billows are gone over me.” Surely, this language is an exaggeration, for it is only Christ who could say that, but, sometimes, when you and I are in a low dark frame of mind, we are apt to think that we have felt all the twigs of the rod, and that we could not be made to smart more. Little do we really know of it—God grant that we may never know more than we do! Now comes an exercise for faith to be able, when down at the bottom of the sea, like Jonah, and at the mercy of every wave, to say with the psalmist in the next verse—

8. *Yet the LORD will command His lovingkindness in the daytime, and in the night His song shall be with me, and my prayer unto the God of my life. We shall not only have daytime grace, but nighttime grace, too! “In the night His song shall be with me, and my prayer unto the God of my life.” What a sweet title that is, “The God of my life,” the source of my life, the strength of my life, the comfort of my life, without whom my life is not life at all!*

9. *I will say unto God my rock, Why have You forgotten me?*

He had been talking too much to himself—now he talks with his God.

9-11. *Why go I mourning because of the oppression of the enemy? As with a sword in my bones, my enemies reproach me; while they say daily unto me, Where is your God? Why are you cast down, O my soul, and why are you disquieted within me? Hope you in God: for I shall yet praise Him who is the health of my countenance, and my God.*

Notice how the psalmist had been growing. In the 5th verse, where the refrain comes in, it is very nearly the same as it is here, yet there is some difference. There it was, “I shall yet praise Him for the help of His countenance,” but here it is, “I shall yet praise Him, who is the health of my countenance.” Then it was God helping the poor wrinkled brow to turn towards heaven. Now it is God Himself giving the man joy and rest! Then there is the last utterance of the psalmist on that occasion, “My God.” He could not reach that note before, and when the Christian can say, “My God,” his troubles are at an end.

HYMNS FROM “OUR OWN HYMN BOOK”—42 (VERSION 1), 40, 499.

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