Those of you who were here last Thursday evening will recollect that the sermon was concerning those sons of Gershon who were burden-bearers in connection with the tabernacle in the wilderness. [Sermon #2829, Volume 49—LOWLY SERVICE—Read/download the entire sermon, free of charge at http://www.spurgeons.org.] They were not appointed to preach. They were not ordained to fight—their service consisted in bearing burdens. There were some here, on that occasion, whom I had never known before who had been, by the space of 30 years, great sufferers. They were carried into this place last Thursday evening—I did not know of their presence until afterwards, when they told me that the sermon seemed to have been made for them, and that it had given them great comfort.

I thought I would follow up that sermon about burden-bearers by a discourse upon another text which shows us that there are some burdens which we need not carry. Burdens of service, or burdens of which come through our consecration to the Lord Jesus Christ—these we will never lay down so long as we live. It shall be our joy to daily take up our cross, and follow Jesus, but there are certain burdens of care and sorrow, of which the text speaks—especially the burdens which come from the slander, reproach, and oppression of ungodly men—which we need not carry. David says, “Cast your burden upon the Lord, and He shall sustain you: He shall never permit the righteous to be moved.”

Beloved friends, the very best men in the world may be slandered! And if you should hear them evilly spoken of, be you not among those who straightway condemn them. There are some who say, “Where there is smoke, there is sure to be fire.” And although it is well known that “common fame is a common liar,” yet there are some who, are so fond of hearing or telling lies, that they are sure to believe such a lie as this, especially if it is spoken concerning a servant of God. Be you not, therefore, ready to believe all the reports that you hear against any Christian people. The best of men, as I have already reminded you, have been worst spoken of, and there are some who turn upon them directly, like lions scenting their prey.

I may be just now addressing some who are the victims of the malice of ungodly men or women. I am sorry, dear friends, that this should be your lot, for it is among the most bitter of human afflictions. But at the same time, I would remind you that nothing unusual has happened to you. You remember the three brave men who were cast alive into Nebuchadnezzar’s burning fiery furnace when it was heated seven times more than it was known to be heated? You are scarcely enduring such a fiery trial as that, and, certainly, you are not suffering as did your Master, the Lord of all pilgrims who have made their way to heaven! But if, in any degree, it should happen that you are bearing a burden of this kind, the text will have a special message for you.

In speaking upon this passage, I want to keep it in context with the whole Psalm. I do not think it is dealing properly with the Bible to pick out one verse here, and another there, without looking to see what the context of the passage is. If men’s books were treated as God’s Book is often treated, we should make many a grand and noble literary work to appear to be an insane production! It is true that God’s Book can
endure even such treatment as that; it is such a wonderful Book that even a sentence torn out of it will convey a most precious truth of God, but it is not fair to the Book, and it is not fair to yourself, to treat the Bible so. A text of Scripture should always be viewed in the setting in which God has placed it, for there is often as much that is admirable in the gold which forms the setting of the jewel as there is in the jewel itself.

I. So, looking at our text in that light, I shall begin by saying that WHEN WE ARE MUCH TRIED AND BURDENED, THERE IS SOMETHING THAT WE ARE TEMPTED TO DO. The text does not mention it, but the Psalm does. And the text is an antidote to the malady which the Psalm describes or implies. “Cast your burden upon the Lord,” is an injunction concerning that which we are to put in the place of something else which more naturally suggests itself to our poor foolish minds.

And, first, when we are in very severe trouble, we are tempted to complain. The psalmist says, in the second verse, “I mourn in my complaint, and make a noise.” I am not sure that our version is quite fair to David in this instance, but it suits my present purpose admirably. As the children of God, we ought to avoid even the semblance of a complaint against our heavenly Father. But when our faith is sorely tried, when some sharp reproach is stinging our spirit, we are all too apt to begin thinking, and saying that God is dealing harshly with us. You know Job, that most patient of men, became very impatient when his so-called “friends” poured vinegar instead of oil into his wounds. Smarting under their cruel treatment, he said some things which he had far better have left unsaid. O brothers and sisters, pray that whenever the Lord lays His rod heavily upon you, your tears may have no rebellion in them! Whatever His providential dealings with you may be, may you be enabled to say, with the patriarch, “The Lord gave, and the Lord has taken away; blessed be the name of the Lord.” May you even join Job in his triumphant declaration, “Through He slays me, yet will I trust in Him.” It is grand faith that enables a believer to say, “Though I should die at God’s altar, I will die like the lamb that is brought to the slaughter, or be like the sheep that is dumb before her shearsers, and makes no complaint.”

The next natural temptation is that of giving up altogether, and lying down in despair. You get that in the fourth and fifth verses—“My heart is sorely pained within me: and the terrors of death are fallen upon me. Fearfulness and trembling are come upon me, and horror has overwhelmed me.” Have not some of you been sometimes tempted to say, “There, I can do more. I must give up—that last cruel blow has utterly broken me in pieces, and I feel that I can only lay down and die in the bitterness of my spirit”? Brothers and sisters, this is a temptation against which you must strive most earnestly! As no living man should complain, so no living man should despair—and especially no child of God! Up with you, poor heart! You have not yet come to the end of God’s delivering mercy, even though you have come to the end of your poor puny strength! The Lord shall light your candle, now that your night is so dark. You shall yet sing for very joy of heart, though now you can only, like David, mourn in your mourning. He will bring you again from Bashan, and from the depths of the sea if you have sunk as low as that. Therefore, talk not of dying before your time. Yet, if you do so, you will not be the first who has talked like that, for there was one who never died, who said, “O Lord, take away my life; for I am not better than my fathers.” That was Elijah, the prophet of fire! Yet, just then he seemed as if he were only cold ashes rather than a vehement flame—another proof that the best of men are but men at the best!

The next very common temptation is to want to flee from our present trials. You get that in verses six to eight—“I said, Oh that I had wings like a dove! For then would I fly away and be at rest. Lo, then would I wander far off, and remain in the wilderness. I would hasten my escape from the windy storm and tempest.” Possibly you are the pastor of a church, and things do not prosper as you could wish. I wonder where they do? But, in your case, you think there is such little prosperity that you must give up your position and run away. Young gunners, before they have become accustomed to the smell of gunpowder, and the noise of cannons, have often been known to desert their guns. And even old soldiers have sometimes felt what the “trembles” are! But, my brother, if this is your case, I beseech you not to run away. If you did flee, where would you go? You think you will run away, as Jonah did, do you? I guarantee you that Jonah was very sorry that he had run away when he found himself in the whale’s belly at the very bottom of the mountains in the depths of the sea! And you and I will be sure to get into greater trouble in we run away from the path of duty. Fight it out, man! Stand your ground in the name of God, and in the
strength of God! It may be that there are better days just now coming, and that Satan is seeking to drive you away just as you are on the brink of success! Dr. Watts has a good paraphrase of this Psalm, and also writes wisely concerning the temptation to flee the post of duty. He says—

“Oh, were I like a feathered dove,  
And innocence had wings!  
I’d fly, and make a long remove  
From all these restless things.  
Let me to some wild desert go,  
And find a peaceful home;  
Where storms of malice never blow,  
Temptations never come.  
Vain hopes and vain inventions all,  
To escape the rage of hell!  
The mighty God, on whom I call,  
Can save me here as well.  
God shall preserve my soul from fear,  
Or shield me when afraid;  
Ten thousand angels must appear,  
If HE commands their aid.”

Possibly, the special case in point is not that of a minister. It is some Mary, weeping at home because her brother Lazarus is dead. Martha is not a very congenial sister to her, so she does not even go with her when she goes to meet the Lord. Yet, strangely enough, each of the sisters says the same words to Jesus, “Lord, if You had been here, my brother had not died.” In due time the Master sends for Mary, and soon she has the joy of welcoming Lazarus back from the grave. Some of us get strange ideas into our head at times—we resolve that we will go, we know not where, and do, we know not what! Ah, my dear friends, he whose great trouble lies in his own heart cannot run away from it, for he bears it about with him wherever he goes! The old man of the mountain who sits upon your shoulder, and clings so tightly to you, if he is yourself, is not to be shaken off by your running away! Far wiser will it be for you to do as the text says, “Cast your burden upon the Lord.” Then you will need no wings like a dove, nor will you wish to fly away to the wilderness, but you will be willing to stay in the very midst of the battle, and even there you will be in perfect peace—

“Calm ‘mid the bewildering cry,  
Confident of victory.”

I have often enjoyed the greatest solitude amid the crowds in Cheapside, and I believe that there is many a Christian who has experienced the deepest peace in the midst of the wildest turmoil. Some of us know what Madame Guyon meant when she wrote—

“While place we seek or place we shun,  
The soul finds happiness in none!  
But with a God to guide our way,  
‘Tis equal joy to go or stay.”

Trust in Him! Cast your burden on Him, for so you will escape from this temptation of wanting to flee away from the place where He would have you be!

There is one other temptation that this Psalm suggests to me, and that is the temptation to wish ill to those who are causing us ill. Perhaps mistaking the meaning of the passage, we are apt to pray the prayer in the ninth verse, “‘Destroy, O Lord!’ Our foes have slandered us, they have spoken evil of us, and we wish that they were dead, or that some great judgment might overtake them.” It will never do, dear friends, to indulge such a feeling as that! We shall be injured if we desire that others should be injured. Slander has, indeed, stung you when you harbor the wish to sting another! Someone said, in my hearing, attempting to justify revenge or retaliation, “But if you tread on a worm, it will turn,” and I answered, “Is a poor worm that only turns because of its agony through man’s cruelty, the pattern for a Christian man to follow? Will you look down to the dust of the earth to find the example that you are to imitate?” Wicked men trod
upon Christ—who even compared Himself to a worm—yet He did not turn upon them, except to cry, “Father, forgive them; for they know not what they do.” Let that be the only kind of turning that you ever practice towards your enemies! Do not be driven, by their evil speaking or their cruel deeds, into harshness of speech or even harshness of thought! I have known some persons, under sore trouble, who have at last become quite soured and bitter of spirit—that is all wrong and very sad—and no good can ever come of such a state of heart as that. The bruising of the sycamore fig results in its growing sweeter—let your bruising produce a similar effect upon you. Remember the words of the Lord Jesus in His wondrous Sermon on the Mount, “I say unto you, Love your enemies, bless them that curse you, do good to them that hate you, and pray for them which despitefully use you, and persecute you; that you may be the children of your Father which is in heaven.”

If you do not act thus—which is the right thing for you to do—you will almost certainly do the wrong thing in some shape or other. Therefore, God help you to do what is right! Child, is your father rough on you? Then, love him until he becomes tender and gentle! Wife, is your husband unkind to you? Then, win him back by your sweet smiles! Servant, is your mistress harsh to you? Even good women have sometimes dealt as harshly with their servants as Sarah dealt with Hagar! Well, if that is your case, be not like Hagar who despised her mistress. Submit to her, for so shall you yet win her, as many a Christian slave of old, far worse treated than you have been, won his master or his mistress to Christ in those earliest and happiest days of Christianity. What is there for a Christian to do but love his enemies? This is the most powerful weapon that we have in our armory! We shall be wise as serpents if God teaches us wisdom. And we shall also be harmless as doves if the Holy Spirit, like a dove, rests upon us, and makes us, also, to abound in gentleness. By this sign we shall conquer, for it is love that always wins the day!

Thus I have shown you what we are tempted to do when we are like this good man who was in such an evil case.

II. Now I am going to show you, from the text, as the Holy Spirit shall help me, WHAT WE ARE COMMANDED TO DO. That is, “Cast your burden upon the Lord.” You have a burden upon your back. It is too heavy for you to bear? Cast it upon the Lord!

“How shall I do that?” someone asks. Well, if you are a child of God, I invite you, first of all, to trace your burden back to God. “But it comes from the treachery of Ahithophel, or from the rebellion of Absalom!” I grant you that it does, but those are only the second causes, or the agents—trace the matter back to the Great First Cause. If you do that, you will come, by a mystery which I will not attempt to explain, to the hand of divine providence, and you will say of every burden, “This, also, comes from the Lord.” You have probably seen a dog, when he has been struck with a stick, turn round and bite the staff that struck him. If he were a wise dog, he would bite the man who held the stick that dealt the blow! When God uses His rod upon one of His children, even a godly man will sometimes snap at the rod. “But, sir, surely you would not have me turn upon my God?” Oh, no! I know you will not do that, for you are His child, and when you see that God is holding the rod in His hand, you will cease to be rebellious, and you will say, with the psalmist, “I was dumb with silence.’ I was going to speak, but I opened not my mouth because I saw that it was in Your hand that the rod of chastisement was held.” It is always well to trace our trials directly to God, and say, “It may be Judas Iscariot who has betrayed me, but, still, it was planned in God’s eternal purpose that I should be betrayed, so I will forget the second cause, except to pray God to forgive the malice of the betrayer—and, by His grace, I will look to the Lord who permitted the trial to come upon me for His own glory and for my good.”

The next thing you have to do is this. Seeing that the burden is from God, patiently wait His time for its removal. There are some people, who, if they had a task set to them by some great one whom they respected and revered, would cheerfully perform it. If, in the middle of the night, you were called up by a Queen’s messenger, and bid to do something for Her Majesty, you would be glad to rise and dress, even though it might be a cold night, and you might have far to go to fulfill your commission. And if you feel that your burden is from the Lord—if the King’s arms are stamped upon the affliction or trial that comes to you—straightway you will say, “As the Lord wills it, I will bear it without complaining. When it is His time to deliver me, I shall be delivered. And as long as it is His time for me to suffer, I will, by His grace, suffer patiently.” I wish that all Christians could be like that good old woman who was asked whether, as
she was so very ill, she would prefer to live or to die. She said that she had no preference whatever, she only wished that the will of the Lord might be done. “But, still, if the Lord said to you, ‘which will you have?’ which would you choose?” She said, “I would not even then choose, but I would ask the Lord to choose for me.” You see, whenever anything comes to us from God, we have not the responsibility of it—but if it came through our own choice, then we might say to ourselves, “What fools we were to choose this particular trial!” You say that you do not like the cross God has sent you. Well but, at any rate, it is not by your own choice that you have to carry that particular cross. It is God who chose it for you, whereas if you had selected it, you might well say, “Oh, dear me, what a mistake I made when I chose this burden!” Now you cannot say that, and I pray that you may have divine grace to see that “the whole disposing” of your lot is, as Solomon says, “Of the Lord.” The Hebrew of our text would bear such a rendering as this, “Cast on the Lord what the Lord gives you. Cast on Him what He casts on you. See the marks of His hands on your burden, and you will be reconciled to your load. Know that God sends it to you, and patiently wait till He takes it away.” F. W. Faber very sweetly writes—

“I have no cares, O blessed Lord,  
For all my cares are Thine.  
I live in triumph, too, for Thou  
Have made Your triumphs mine.  
And when it seems no chance nor change  
From grief can set me free—  
Hope find its strength in helplessness,  
And patiently waits on Thee.  
Lead on, lead on, triumphantly,  
O blessed Lord, lead on!  
Faith’s pilgrim-sons behind You seek  
The road that You have gone.”

One blessed way of casting our burden upon the Lord is to tell the Lord all about it. It is a high privilege to get away, alone, and talk to God as a man talks with his friend. But I know what you often do, my brothers and sisters, when you get into a predicament, and cannot tell what to do—then you begin to pray. Why do you not, every morning, tell the Lord about all your difficulties before they come? What? Will you only run to Him when you get into trouble? No, go to Him before you get into trouble! Half our burdens come from what we have not prayed over! If a man would take the ordinary concerns of life distinctly to God, one by one, it is marvelous how easily the chariot of life would roll along! Things over which we have not prayed are like undigested food that breeds mischief in the body—they breed mischief in the soul. Digest your daily bread by first praying, “God give it to me, and then God bless me in the use of it. And then God bless me afterwards in the spending of the strength derived from it to Your praise and glory.” Salt all your life with prayer, lest corruption should come to that part of your life which you have not thus salted. Tell the Lord, then, your griefs, just as, when a child, you told your troubles to your mother!

“I cannot find words,” says one. Oh, they will come! They come fast enough when you complain to man, and they will sweetly come if you get into the blessed habit of talking to God about everything. A friend said to me, not long ago, “I was on the Exchange, and I saw that I had made a mistake in a certain transaction. I had lost money by it, and if I had gone on dealing in the same fashion, I would have been ruined. I just stepped aside for a minute or two into a quiet corner of my office. I stood still and breathed a prayer to God for guidance. Then I went back, and felt, ‘Now I am ready for anyone of you.’” “So I was,” he said, “I was not confused and worried, as I would otherwise have been, and so liable to make mistakes, but I had waited upon God, and I was therefore calm and collected.” There is much wisdom in thus praying about everything, although, possibly, some of you may think it trivial. I believe that the very soul of Christianity lies in the sanctifying of what is called secular—the bringing of all things under the cognizance of our God by intense, constant, importunate, believing prayer.

When you have told the Lord everything, the next thing for you to do, in order to cast your burden upon Him, is to believe that all will work together for your good. Swallow the bitter as readily as you do
Tell someone today how much you love Jesus Christ.

the sweet, and believe that, somehow, the strange mixture will do you great good. Do not look out your window, judging this, and that, and the other, in detail, but if God sent it to you, open the door, and take it all in, for all that has come from Him will be to His glory, and to your profit. Believe that if you shall lose certain things, you will really be a gainer by your losses. Even if your dearest one is taken from you, all shall be well if you have but faith to trust God in it all. If you are stricken with mortal sickness, it will still be well with you, and if you do steadfastly trust in the Lord, you shall know that it is so. “We know,” says the apostle Paul—he does not say, “We think, we suppose, we judge,” but—“We know that all things work together for good to them that love God, to them who are the called according to His purpose.” If you know this, my brother, or my sister, it shall help you to “cast your burden upon the Lord.”

When you have done this, then leave your burden with the Lord. In the process of trusting God with your burden, get to the point that you have done with it. If I cast my burden upon the Lord, what business have I to carry it myself? How can I truthfully say that I have cast it upon Him if I am still burdened with it? Throughout my life, which has not been free from many grave cares, there have been many things which I have been able to see my own way through, and using my best judgment, they have passed off well. But in so large a church as this, there sometimes occur things that altogether stagger me. I do not know what to do in such a case as that, and I have been in the habit, after doing all I can, of putting such things up on the shelf and saying, “There, I will never take them down again, come what may. I have done with them, for I have left them wholly with God.” And I wish to bear my testimony that somehow or other the thing which I could not unravel, has unraveled itself! When Peter and the angel “came unto the iron gate,” it “opened to them of its own accord.” And the same thing has happened to me many a time. “Who shall roll away the stone for us from the door of the sepulcher?” asked the holy women when they came to the tomb of their Lord? “And when they looked, they saw that the stone was rolled away.” Learn to say, “My God has made this difficulty, and there is some good result to come of it. I have done the little I can do, so now I will leave it all with Him.” Ah, but I know what some of you do—you say that you have left it all with God, and then you lie awake all night fretting about it! Is that casting your burden upon the Lord? Oh, for a blessed literalism about the promises of God, and our faith in them, so that we take them to mean just what they say and act upon them accordingly! Now, if some poor woman here were sadly in debt for her rent, and she met with a Christian brother who said to her, “Do not fret, my good sister, I will see it all paid tomorrow,” do you think she would go running about, and saying, “O dear, I shall lose my things; my rent will not be paid”? No, she would say, “Mr. So-and-So, whom I know and trust, said that he would pay it for me, and I feel perfectly at peace about it.” Now, do you so with your God if you know Him! David said, “They that know Your name will put their trust in You.” If you truly love the Lord, it will be a proof of your love to repose your care upon Him without questioning. And when you have cast your burden upon Him, it will prove the truth of your having done so if you are unburdened, and your heart is at rest. If He bears my burden, why should I also bear it? If He cares for me, what have I to do to vex myself with fretful, anxious cares?

I have thus done my best to show you what we are commanded to do—“Cast your burden upon the Lord.”

III. And now thirdly, and very briefly, WHAT WE SHOULD ENDEAVOR TO DO.

If I read the text aright, we here have David talking to himself. And what we are to endeavor to do is to talk to ourselves, just as David talked to himself. He says of his enemy, “The words of his mouth were smoother than butter, but war was in his heart” and so on. And then he seems to say, “Come, David, do not fret yourself like this, but cast your burden upon the Lord.” Have you not noticed how often David seems as if he were two Davids—and one David talks to the other David? It was so when he said to himself, “Why are you cast down, O my soul; and why are you disquieted within me?” And I want you, dear friend, to chide yourself, and say, “Come, fretful heart, what are you doing? Cast your burden upon the Lord. What are you doing? Has God forsaken you? Has God refused to help you? Be gone, Unbelief! Come, Faith, and dwell in my soul and reign over my spirit, swaying your gracious scepter of peace.”

And when you have thus been chiding yourself, argue with yourself about the matter. Say to yourself, “See how the text puts it—‘Cast your burden upon the Lord.’ Well, if it is your burden and God meant it for you, then do not quarrel with it. And as it is your burden, so is God your God, the covenant-keeping
Tell someone today how much you love Jesus Christ.
a tree are torn up by a storm. He may be moved a little, like a ship riding at anchor, which just swings with the tide, but he shall not be driven out to sea, or drift onto the rocks to his destruction."

“He shall never permit the righteous to be moved.” Do you catch the psalmist’s idea? It is as if God interposed, and said, “No, I will not permit that.” A father may see his child somewhat put upon, yet at first he may not interfere. But, at last, a cruel blow is struck, and he says, “No, I will not stand that! While I have an arm to defend my child, he shall not be treated in that fashion.” Well, then, leave everything with your Heavenly Father, for He will not allow you to be moved! If you are really righteous, trusting in the Righteous One, justified by the blood and righteousness of Christ, and are doing what is right in His sight, He will not allow you to be moved. The next time you are sorely vexed by the tongue of slander, go and tell your Father, just as the little boys tell their big brothers. Go and tell your Father all about it, and do not fret over it. If somebody has done you a great wrong, you may say to him, “I shall be obliged to refer you to my solicitor.” But after you have done that, I hope you do not go writing letters to him on your own. Refer everything to God, and leave all with Him, for, so, a blessed peace will bedew your spirit, making your life on earth like the beginning of life in heaven!

In closing my discourse, I must say that I do feel, in my inmost soul, the deepest pity for those of you who have no God to go to when you are in trouble. You have a burden to bear, but you cannot cast it on the Lord. He will allow you to be moved, for you do not cry unto Him to help you. I feel that I would rather be a dog than be a man without a God. I think I could make myself happy if I were only a mouse in its hole, but if I were a prince in a palace, without God, I should be utterly miserable! O poor hearts, if you really want Him, He is to be had! If you are longing for Him, His door is open to receive you. If you will come to Him, He will come and meet you much more than half way! Yes, all the way will He come to everyone who wills to come to Him. As soon as you say, “I will arise,” He has already arisen, and is on His way to meet you! Practically, there is no distance for you to go, for He is there, waiting to welcome you. Believe in His dear Son, and live! First cast your great burden of sin upon the Lord, and then cast upon Him all other burdens that He is willing to take from you, and soon, He will put a new song into your mouth, and establish your going. The Lord grant it, for His dear Son’s sake! Amen!

HYMNS FROM “OUR OWN HYMN BOOK”—35 (SONG 1), 70, 688.

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